



IMPORTANT INFORMATION ABOUT YOUR PROCEDURE

PRIOR TO YOUR PROCEDURE:

- We will contact you with any **hospital fees** that will incur during your stay at Darwin Day Surgery.
- Your anaesthetist will be in contact with you to discuss your anaesthetic options with you.
- If you are having **General Anaesthetic or IV Sedation:**
 - Nil by mouth (meaning no food, drinks or chewing gum) **at least 6 hours** before arriving for your procedure.
 - You can have a maximum of **one small glass of water per hour** up until **2 hours** before arriving for your procedure.
 - No smoking **at least 24 hours** prior to your procedure.
 - You may continue your usual medications unless instructed otherwise by your surgeon or anaesthetist, however:
 - **Do not** take any diabetic medication while fasting. If you are insulin dependent, please contact your anaesthetist as soon as possible.
 - If you are on blood thinners please contact your surgeon
- If you are having **Local Anaesthetic** you are not required to fast prior to your procedure.
- If your surgeon has given you any pre surgery prep to complete, please follow any directions given to you and contact your surgeon for any questions.
- Please be aware, should we have any questions regarding your medications, health conditions or previous procedures we may contact you for further information.

DAY OF YOUR PROCEDURE:

- You will be admitted and prepared for your procedure by our friendly nursing staff.
- Your anaesthetist will discuss your procedure with you and answer any outstanding questions you may have. They will also go over the anaesthetic risks associated with your procedure which include though are not limited to:
 - Vomiting
 - Sore throat or mouth
 - Fatigue
 - Pain at IV site or from procedure
 - Dental damage
 - Awareness
 - Anaphylaxis
 - Neurological damage

AFTER YOUR PROCEDURE:

- If you are having **General Anaesthetic or IV Sedation:**
 - You are required to have someone transport you home and stay with you overnight to ensure your safety and wellbeing.
 - Once home, rest, drink, eat and mobilise as tolerated or as directed by your surgeon.
 - For the next **24 hours** after your procedure, or longer until you feel “back to normal”:
 - Do not drive a car or operate heavy machinery.
 - Do not drink alcohol.
 - Do not sign any legal documents.

- Unless specified by your surgeon, if you are having **Local Anaesthetic** there are no post operative measures you need to take.

- Please feel contact your surgeon or anaesthetist should you be experiencing any post operative issues.